



ORTHOPEDIC & SPORTS MEDICINE CENTER

Medication Policy

Our patients are very important to us. Our goal at Orthopedic & Sports Medicine Center of Garland is to provide you with the best treatment possible in a pleasant and caring manner. We are sensitive to the pain you may be experiencing and for that reason, your doctor may give you medication to help with your pain.

1. Medications should be taken as instructed by your doctor.
2. Contact your pharmacy for all medication refills.
3. If you take all your medication before it is time for a refill, the refill request will be denied.
4. Medication refills will not be done after 4:30 P.M. Requests after that time will be done the next business day.
5. Medications will not be filled on the weekend or by the on-call doctor.
6. For our surgery patients, Dr. Klein, Dr. Johnson, Dr. Zoys and Dr. Vo will not refill pain medication:
 - 4-6 weeks after a knee or shoulder arthroscopic procedure.
 - 8-10 weeks after a reconstruction of a ligament or rotator cuff/Bankart repair.
7. It is our policy not to prescribe narcotics for undiagnosed pain.
8. If medication is needed beyond the normal post-operative period, or if pain persists after completion of non-surgical treatment, you will be referred to a pain management program so that a team of specialists can help you with your persistent pain. At this point, you will be given all medications from the pain specialist and not from our office. The pain specialist will keep our office notified of your progress.